



AUGUST WEBINARS

Financial know-how starts here.

Register for TIAA's live webinars to get financial information, news and tips from our experts.

Reserve your spot by registering now at tiaa.org/webinars. Check back at any time for future webinars. These webinars are part of your retirement plan benefits.

August 07	Financial wellness & mental health When you understand the connection between how you're doing emotionally and how you're saving money, your retirement journey can be easier and more successful.	2 p.m. to 3 p.m. (ET) 1 p.m. to 2 p.m. (CT) Noon to 1 p.m. (MT) 11 a.m. to noon (PT)
August 13	Opening doors to the future: Save in a 529 college savings plan In this webinar you can learn how 529 college savings plans work and how to invest in one for a child, grandchild, yourself or another loved one.	3 p.m. to 4 p.m. (ET) 2 p.m. to 3 p.m. (CT) 1 p.m. to 2 p.m. (MT) Noon to 1 p.m. (PT)
August 21	Live with confidence in retirement: 5 steps to creating your retirement income plan Learn how different sources of retirement income work, how to build your strategy for lifetime income and what to consider when planning withdrawals from your retirement assets.	1 p.m. to 2 p.m. (ET) Noon to 1 p.m. (CT) 11 a.m. to noon (MT) 10 a.m. to 11 a.m. (PT)

[Reserve your spot](#)



This material is for informational or educational purposes only and does not constitute investment advice under ERISA. This material does not take into account any specific objectives or circumstances of any particular investor or suggest any specific course of action. Investment decisions should be made based on the investor's own objectives and circumstances.

You should consider the investment objectives, risks, charges, and expenses carefully before investing. Please call 877-518-9161 or go to tiaa.org/prospectuses for current product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, distributes securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Advisory services are provided by Advice & Planning Services, a division of TIAA-CREF Individual & Institutional Services, LLC, a registered investment adviser. Each is solely responsible for its own financial condition and contractual obligations.

©2024 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017