

Quarantine (Off Campus Housing)

I acknowledge that I'm being placed in off campus housing to complete the 14 day quarantine required by the Arkansas Department of Health. By doing so, I agree to the following:

- I agree to remain in daily contact with the UAPB Student Health Clinic (SHC) by logging into my patient portal on the SHC website and filling out the quarantine questionnaire every day until I'm released from quarantine.
- I will remain within my assigned housing until my quarantine is completed and will not go outside the building except to use predesignated areas approved by the university during my quarantine and for organized and supervised activities planned specifically for my quarantine.
- I will not invite visitors into the building and will not invite anyone into my room.
- I will only use the bathroom specifically designated for my use during my quarantine and I will use disinfecting wipes to clean the commonly touched areas in the bathroom before using it. I will also remove all of my personal items each time I use the bathroom.
- I will wear a facial covering at all times while in quarantine with the following exceptions:
 - I can remove my facial covering in my own room when I'm alone.
 - I can remove my facial covering when I'm in my designated bathroom alone.
 - I can remove my facial covering when outside in the courtyard as long as I remain at least 6 feet away from others.
 - I can remove my facial covering for organized and supervised activities planned specifically for my quarantine by UAPB as long as I can remain at least 6 feet away from others.
- I will practice social distancing by remaining at least 6 feet away from everyone who is also quarantined in my building as much as possible.
- I will wash my hands or will use an alcohol-based hand sanitizer often.
- I will not share personal items such as dishes, cups, forks, spoons, towels, etc.
- I will check myself for fever twice a day and will write down in the temperature log provided.
- I will notify the Dean of Student or the Student Health Clinic if I develop any symptoms of illness such as fever, cough, or trouble breathing, or if I otherwise feel sick.
- If my health conditions rapidly deteriorates and need I need to go to the emergency room, I will call the Campus Police (870) 575-8102 and they will arrange for ambulance transportation to the local emergency room. I will also mention to the Campus Police that I may have Covid-19.
- I acknowledge that failing to comply with the above requirements could results in my being asked to leave off campus housing, and to complete my quarantine somewhere else.

Signature

Date

